

PARENTING CLASSES



An 8 week series focusing on the following topics:

- Importance of Family; Pathways Towards Successful Parenting
- Learning About Your Child/Child Growth & Development
- The Healthy Home Environment
- Your Healthy Child/Developing Values & Self-Esteem
- Communication & Your Child
- Stress Management
- Preventing Child Abuse: What Parents Need to Know/Protecting Your Child and Yourself
- Becoming a Healthy Family/Active Parenting in a Changing Society

Group sessions are one hour and usually held on Monday or Tuesday evenings at CCAP's Doric Center located at 311 Doric Avenue in Cranston.

There is a fee for this group. Child care is available. Fees can be adjusted based on income and family size. CCAP's parent education program is an approved provider for the Department for Children, Youth and Families.

For questions or more information about when the next series of Parenting Classes will begin or to make a referral please call Victoria Salerno at 467-9610 extension 133.



**COMPREHENSIVE
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